

MARCH 2019

Head Start/Pre-K

SOUTH BEND COMMUNITY SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast
WG Cinnamon Mini Bagels
Lunch
Pancakes & Sausage
Potato Rounds
Peaches

4

Breakfast
WG Breakfast Sliders
Lunch
Popcorn Chicken w/Dinner Roll
Country Blend Vegetables
Mixed Fruit

5

Breakfast
Cereal w/1 grain
Lunch
Pizza Dipper w/Marinara Dipping Sauce
Corn
Peaches

6

Breakfast
Strawberry Mini Bagel
Lunch
BBQ Chicken w/WG Bun
Maple Baked Beans
Pears

7

Breakfast
WG Cereal w/1 Grain
Lunch
Turkey Ranch Burger on WG Bun
Broccoli
Pears

1

Breakfast
Mini Pancakes
Lunch
Deli Sandwich (Bologna & Cheese)
Broccoli
Applesauce

8

Breakfast
WG French Toast
Lunch
Chicken Tenders w/Dinner Roll
Potato Wedges
Applesauce

11

Breakfast
Mini w Waffles
Lunch
Cheeseburger on WG Bun
Green Beans
Pears

12

Breakfast
Cereal w/1 grain
Lunch
Chicken Wings W/Dinner Roll
Broccoli
Peaches

13

Breakfast
WG Mini Pancakes
Lunch
BBQ Chicken w/WG Bun
Baked Beans
Mixed Fruit

14

Breakfast
WG Cereal w/1 Grain
Lunch
Turkey Ranch Burger on WG Bun
Broccoli
Pears

15

Breakfast
Strawberry Mini Bagel
Lunch
Penne Pasta w/Meat Sauce & WG Dinner Roll
Green Beans
Peaches

18

Breakfast
Mini Maple Pancakes
Lunch
BBQ Chicken w/WG Bun
Maple Baked Beans
Pears

19

Breakfast
Cereal w/1 grain
Lunch
Deli Sub Sandwich
Corn
Mixed Fruit

20

Breakfast
WG French Toast
Lunch
Chicken Taco w/WG Shell
Broccoli
Applesauce

21

Breakfast
WG Cereal w/1 Grain
Lunch
Vegetarian Chili w/Beans w/WG Dinner Roll
Mixed Vegetables
Peaches

22

Breakfast
WG Breakfast Slider
Lunch
Meatloaf Panini
French Fries
Mixed Fruit

25

Breakfast
WG Blueberry Pancakes
Lunch
Deli Sub Sandwich
Corn
Peaches

26

Breakfast
Cereal w/1 grain
Lunch
Turkey Burger on WG Bun w/Potato Wedges
Maple Baked Beans
Pears

27

Breakfast
Cheese Omelet w/1 grain
Lunch
Chicken Dunkers w/Parm Marinara Sauce & Roll
Green Beans
Applesauce

28

Breakfast
Cereal w/1 Grain
Lunch
Lunchable
Broccoli
Pears- 1/2 cup

29

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Esta institución es un proveedor que ofrece igualdad de oportunidades*

